Revised Syllabus of Courses ofBachelor of Management Studies (BMS) Programme at Semester VI with effect from the Academic Year 2018-2019

Elective Courses (EC)

Group C: Human Resource Electives

6. Indian Ethos in Management

Modules at a Glance

SN	Modules	No. of Lectures
1	Indian Ethos – An Overview	15
2	Work Ethos and Values	15
3	Stress Management	15
4	Indian Systems of Learning	15
	Total	60

Objectives

SN	Objectives
1	To understand the concept of Indian Ethos in Management
2	To link the Traditional Management System to Modern Management System
3	To understand the Techniques of Stress Management
4	To understand the Evolution of Learning Systems in India

SN	Modules/ Units	
1	Indian Ethos – An Overview	
	 a) Indian Ethos Meaning, Features, Need, History, Relevance, Principles Practised by Indian Companies, Requisites, Elements, Role of Indian Ethos in Managerial Practices b) Management Lessons from Scriptures:	
2	Work Ethos and Values	
	 a) Work Ethos: Meaning, Levels, Dimensions, Steps, Factors Responsible for Poor Work Ethos b) Values: Meaning, Features, Values for Indian Managers, Relevance of Value Based Management in Global Change, Impact of Values on Stakeholders: Employees, Customers, Government, Competitors and Society. Values for Managers, Trans-Cultural Human Values in Management and Management Education, Secular v/s Spiritual Values in Management, Importance of Value System in Work Culture 	
3	Stress Management	
	 a) Stress Management: Meaning, Types of Stress at Work, Causes of Stress, Consequences of Stress b) Stress Management Techniques: Meditation: Meaning, Techniques, Advantages, Mental Health and its Importance in Management, Brain Storming, Brain Stilling, Yoga: Meaning, Significance c) Leadership: 	
	 Meaning, Contemporary Approaches to Leadership, Joint Hindu Family Business – Leadership Qualities of Karta Motivation: Meaning, Indian Approach to Motivation, Techniques 	

SN	Modules/ Units		
4	Indian Systems of Learning		
	a) Learning: Meaning, Mechanisms		
	Gurukul System of Learning : Meaning, Features, Advantages, Disadvantages		
	 Modern System of Learning: Meanings, Features, Advantages, Disadvantages 		
	Karma: Meaning, Importance of Karma to Managers, Nishkama Karma		
	• Laws of Karma: The Great Law, Law of Creation, Law of Humility, Law of		
	Growth, Law of Responsibility, Law of Connection		
	 Corporate Karma: Meaning, Methodology, Guidelines for good Corporate Karma 		
	Self-Management: Personal growth and Lessons from Ancient Indian Education		
	System		
	• Personality Development: Meaning, Determinants, Indian Ethos and		
	Personality Development		